

What is Bayou Health?

Bayou Health is the way most of Louisiana's Medicaid and LaCHIP recipients receive health care services. In Bayou Health, you choose a Health Plan that is best for you and your family.

All Plans provide the same health services you get in Medicaid or LaCHIP. The Plans also offer extra services, such as stop smoking classes or weight control programs.

What are the basic health services you will get?

- Chiropractic services for children
- Doctor/professional services
- Well child visits
- Emergency room services
- Eye care services
- Family planning services
- Inpatient hospital services
- Home health care
- Immunizations (shots) for children
- Laboratory and x-ray services
- Maternity care while pregnant and through delivery
- Medical transportation
- Medical equipment
- Mental health services
- Occupational therapy
- Outpatient hospital services
- Physical therapy
- Prescription drugs
- Speech and language therapy

How can you choose a Health Plan?

Look at the chart on the other side of this brochure to compare the extra services each Health Plan offers. Here are some things to think about when you decide which Health Plan to choose:

- Do you want to keep seeing your current doctor? Is there a hospital or clinic where you often go for care? Find out which Health Plans your doctor or hospital takes. Visit www.bayouhealth.com, or call the providers or 1-855-BAYOU-4U (1-855-229-6848) to ask.
- Does one of the Health Plans offer extra services you want or need, such as programs to help you manage your asthma, diabetes, or heart disease?
- Are there specialists, counselors, or special services that you want to keep using? Find out which Health Plans they take. Visit www.bayouhealth.com, or call the providers or 1-855-BAYOU-4U (1-855-229-6848) to ask.

Questions?

We can help! Call **1-855-BAYOU-4U** (1-855-229-6848) to speak with a Bayou Health agent. The call is free. Some of our agents speak Spanish, and we have a free interpreter service for other languages.



Choosing a Health Plan


It's time to choose a Health Plan for you and your family



choose

Bayou Health Plans

Compare extra benefits and choose one plan for each family member



AETNA BETTER HEALTH® OF LOUISIANA

1-855-242-0802 | TTY 711
www.aetnabetterhealth.com/louisiana

Unlimited visits to providers in our network, as needed.

Receive gift cards after completing annual adult wellness visits: **\$25** wellness visit with STI screening (women 16+); **\$15** diabetic dilated eye exam; **\$15** woman’s mammogram; **\$15** diabetic blood testing; **\$15** cervical cancer screening; **\$25** initial colonoscopy

Dental care for adults: twice a year exam and cleaning with fillings and extractions as needed, annual set of **x-rays**; a **\$500** value

Eyeglasses for adults: free annual eye exam and **\$80** toward eyewear (frames, glasses or contacts)

Promise program for pregnant members: complete more visits to earn bigger rewards like a **portable crib, play yard, stroller** or a **diaper-and-wipe package**. Plus gift cards: **\$10** after first visit within the first 13 weeks of pregnancy; **\$10** after your postpartum visit after pregnancy; **free circumcisions** for newborn boys

Ted E. Bear, M.D., Kids Club

- **Weight management program:** free **pedometer** or **exercise band** after enrolling plus helps kids who are overweight set goals to earn **\$15-\$30** gift cards
- **Free Boy Scout or Girl Scout annual membership**

Free over-the-counter medicine and products with a doctor’s prescription


Asthma management program: free one-time **in-home environmental assessment**; earn **\$15** gift cards for managing your asthma

Care4Life diabetes coaching program: text reminders, education, goal setting and tracking

Nurses, social workers and community health workers to help you get access to care

Stop smoking help including medications & coaching

Member Services toll free lines with **extended hours** available 24/7. **Nurse Line** available 24/7



Amerigroup
RealSolutions®
in healthcare

1-800-600-4441 | TTY 711
www.myamerigroup.com/la

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Dental Care, Adult

- Two visits each year for exams, cleanings, fillings and extractions.
- X-rays (once a year)
- **\$500** total benefit per year

Vision Care, Adult

- EYE EXAM once every year
- Frames and lenses once every year
- **\$40** allowance toward the cost of nonstandard glasses

Healthy Rewards: dollars put onto a gift card to help you earn rewards:


- **\$20** for all well visits from birth to 15 months
- **\$20** for well-child visit ages 2-9
- **\$25** for well-child visit ages 10-20
- **\$15** for adult wellness visits
- **\$10** for diabetic screening
- **\$10** for sexually transmitted infection screening
- **\$5** for getting a flu shot

Pregnant Members and New Moms:

- Up to **\$75** in gift cards
- **FREE Portable crib, car or booster seat** for going to required doctor visits
- **FREE** community baby showers
- **FREE circumcision** for boys

Community coverage to care: Access to care and services beyond what is traditionally covered by the plan.

- **FREE Membership to Boys & Girls Club** for eligible members ages 6-18
- **FREE Weight Watchers®** meetings. Eligible to members age 18 and older
- Up to **250 minutes** and **unlimited** monthly texts on SafeLink® phones
- **Amerigroup On Call** 24/7 hotline



AmeriHealth® Caritas
Louisiana

1-888-756-0004 | TTY 1-866-428-7588
www.amerihealthcaritasla.com

Unlimited visits to providers in our network, as needed.

Adult dental: Two exams with cleaning & one set of x-rays per year. Limited fillings and/or extractions. (Package Value—**\$500**/year).

Adult vision: Exam with \$10 co-pay & **\$100** discount on glasses or lenses every 2 years.

Circumcisions for newborn boys.

Health Care Rewards Program:

- **\$10** gift card for each household completing plan orientation.
- **\$20** gift card for members over 21 who get a PCP visit in first 90 days & children ages 3-21 who get annual well visit.
- Up to **\$75** in gift cards for completing expected prenatal & postpartum visits.
- FREE Receiving Blanket & matching cap along with “Happiest Baby on the Block” DVD or Book for calling us when you know you are pregnant.

Extra Medication Help


- **School Supply** – Second inhaler, EpiPen® & diabetes testing meters for school.
- **Reduced Pharmacy Copayments** for Certain Medications on 90 day refills.
- **New Vaccine** for Adults –Tetanus, Diphtheria, Pertussis (Tdap) at no cost & more ability to get Pneumonia & HPV vaccines due to increased provider payments.

High School GED Program — Reimbursement of exam fees for getting a high school GED.

Cell Phones for Healthcare Needs — FREE cell phones with 250 minutes each month and free text messages and calls to plan.

Weight loss support — One initial & follow-up visit with dietician each year for members in “Make Every Calorie Count.” Also receive FREE pedometer, journal & tape measure to track success.

FREE Support to Stop Smoking — Sponsorship of counseling by March of Dimes Baby & Me Tobacco Free in New Orleans & Baton Rouge areas.



louisiana
healthcare
connections™

1-866-595-8133 | TTY 1-877-285-4514
www.LouisianaHealthConnect.com

Unlimited visits to primary care provider (PCP) for all members. Unlimited visits to specialists with a referral from a PCP.

24-hour nurse hotline for health questions

For Children

- **\$25 in Bonus Rewards** for annual Well-Child Check-Ups ages 3-20
- **Extra EpiPen and/or rescue inhaler** to keep at school

For Pregnant Women: extra support to keep you and your baby healthy

- **Up to \$145 in Bonus Rewards** for healthy habits during your pregnancy
- Access to our **Start Smart for Your Baby** program & events for new moms
- Circumcision for newborn boys

Get Bonus Rewards in your personal, pre-paid account for keeping healthy habits:

- **\$25** for your annual wellness exam
- **\$10** for each cervical and breast cancer screening
- **\$10** for your annual flu shot
- **\$10** for your adult dental exam
- And much more


Adult Dental Services at Federally-Qualified Health Centers, including exams, cleanings, x-rays and more (2 visits/year)

Adult Vision Benefits for eye exams and one pair of frames and lenses each year

Personal support and extra services for treating and controlling asthma and diabetes and other conditions.

Member Connections to help you access health services, choose a doctor, or find community resources like baby supplies

Secure member website and mobile app



UnitedHealthcare®
Community Plan

1-866-675-1607 | TTY 711
www.UHCCommunityPlan.com

Unlimited visits to providers in our network, as needed.

\$20 gift card for adults who complete a PCP visit within 90 days of enrollment.

\$20 gift card for 1 well-child visit each year between the ages of 1 and 17.

\$10 gift card for completing a health risk assessment within 90 days of enrollment.

Adult Dental: Routine dental exams, x-rays, fillings, cleanings, and extractions limited to **\$500 per year**.

Adult Vision: Routine eye exam every 2 years and **\$100 allowance** for frames/lenses every 2 years.

Weight Management: Weight Watchers vouchers to attend up to 10 meetings.

Adult Pain Management: 6 visits per year to an in-network chiropractor.

Annual Asthma Home Assessment for qualified asthmatics with certified in-network asthma educator.

Adult Immunizations: Td (Tetanus, Diphtheria). Tdap (Whooping Cough) as deemed necessary.

Cell Phone provided if no reliable access to a telephone. The program provides access to UnitedHealthcare, 911, the PCP office and MyNurseLine.

Diabetic Screening Incentive: Complete HbA1c labs and LDL-C screening within 90 days of enrollment and receive a **\$50 voucher** towards health products.

Pregnant & New Moms: Baby Blocks incentive program for achieving health goals during a 24-month pregnant and post-partum period. Up to 8 rewards can be earned during the full program.

Free **Pregnancy Care Book** promotes baby care and healthy pregnancies for babies and mothers.

Join for Me Childhood Weight Management Program provides 16 weekly classes with trained coach. **\$50 gift card** offered upon completion of all classes.

Youth Programs: No-cost memberships to the Boys & Girls Club and other youth organizations.